

# Physiotherapy and Stroke

Stroke is currently one of the leading causes of death and disability in Ontario.

**\$1 billion:**  
The annual cost of stroke care in Ontario



There is a marked shortage of both out-patient and in-patient rehab services in Ontario. As stroke patients move throughout the health system, a lack of coordination among care providers and organizations has a negative impact on the patient and costs the system more money.

## What does physiotherapy treatment do?



Reduces Mortality

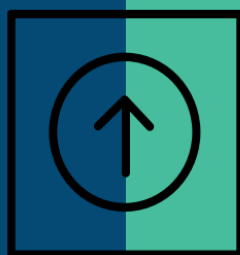


Saves the healthcare system valuable dollars



Improves function post stroke

The more mins/hours per week patients utilize physiotherapy, the more favourable their functional outcome becomes.



Physiotherapists are an essential component of both in-patient and out-patient stroke rehabilitation programs. A multi-disciplinary approach, including physiotherapy, demonstrates better clinical outcomes than non-coordinated treatments.



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