



THE LEADERSHIP PROJECT- COMMUNICATION RESOURCES

RESOURCE #1

Test your communication skills with this [quiz](#) from Mindtools.

RESOURCE #2

Learn [13 skills for active listening](#) and how to avoid communication blockers.

RESOURCE #3

This [short video](#) provides tips for improving your listening skills using active listening techniques.

RESOURCE #4

Understand verbal and non-verbal communication styles that can help you [connect with patients and families](#) with this resource from the College of Physiotherapists of British Columbia.

RESOURCE #5

This [Toolkit](#) provides practical tools to help you improve communication with patients

RESOURCE #6

Knowledge Translation skills are important to help communicate research and best practices to any audience. Learn about tools for Knowledge Translation in this [toolkit](#) from St. Michael's Hospital.

RESOURCE #7

Learn about how to use knowledge translation to drive change in this [step-by-step guide](#) from the Mental Health Commission of Canada.

RESOURCE #8

Assess your current level of cultural competence using these [awareness tools](#).



RESOURCE #9

This resource [Cultural Competence in a Multicultural World](#) will help you build skills to foster inclusive discussions and communities in your work.

RESOURCE #10

Learn about cultural competence and assess your skills using [this guide](#) for health care professionals.

RESOURCE #11

Strengthen your non-verbal communication skills with this article on [body language](#).

RESOURCE #12

Want to learn more about body language and how to use it? Click here for [videos and articles](#) about non-verbal communication in leadership.

RESOURCE #13

Learn how to lead and facilitate effective group discussions using this [toolkit](#)

RESOURCE #14

Get tips on how to [run an effective meeting](#) in this article from the HR Council.

RESOURCE #15

Create [engaging presentations](#) using 8 classic storytelling techniques.

RESOURCE #16

This brief framework will help you [communicate your vision to stakeholders](#).